

ecdysis

Michalis Theophanous



@Pinelopi Gerasimou

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Trailer : <https://vimeo.com/1088693897/870fe074df?share=copy>



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Running Time

The running time is approx. 40 minutes without intermission.

Touring Crew

4 People in Total

- 1 x Choreographer
- 1 x Props Person
- 1 x Sound engineer or production manager according to specific needs of the venue
- 1 x Light Designer

Touring Freight

The props can either travel in a few suitcases as extra luggage (if the set is built locally), or we need a truck to transfer the props & panels.

The big fan and the risers (as well as the needs mentioned in the technical rider) need to be hired by the inviting venue.



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Ecdysis is a natural transformative process. The revelation of a reborn creature under the prison of the exoskeleton or the old skin. The process of undressing serves the growth of the organism not through addition or swelling — on the contrary, evolution requires vulnerable undressing, a moment of fragility in which the creature is exposed to the voracious gaze of others, tries to protect itself by trying various tricks, plays and mocks the stifling identities.

The performance dives into the process of molting, elevating it to a ritual, a rite of passage, where time expands, and identities are liquified. It consists of audiovisual images, at times abstract and at times uncomfortable. The creature sheds its no-longer-needed flesh, trapped in a familiar space that turns into a hostile environment. It is no longer what it was and is not yet what it will become. How many of me are there altogether, finally?

Read more at <https://www.onassis.org/whats-on/onassis-dance-days-2025/ecdysis-michalis-theophanous>

Bio



@Pinelopi Gerasimou

Michalis Theophanous is a movement artist. A graduate of the Greek National School of Dance (KSOT), he also holds an MRes in Choreography & Performance from the University of Roehampton, London. In his continued efforts to approach the very core of performance, he develops his work by means of different artistic disciplines and genres that revolve around performance and the visual arts. He has a longstanding collaboration with the Greek theater director and choreographer Dimitris Papaioannou, appearing in “Inside” (2011), “Primal Matter” (2013, a duet with Papaioannou), “Still Life” (2014), and “Transverse Orientation” (2020).

In recent years, he has also collaborated closely with the American theater director Robert Wilson, starring with Lucinda Childs in his “Adam’s Passion” (2015, music by Arvo Pärt) and playing the title role in his production of “Oedipus Rex” (2018). As a performer, he has worked with numerous choreographers, companies, and organizations, including the Hellenic Dance Company (GR), Carte Blanche (NO), Konstantinos Rigos (GR), the National Theatre of Greece, the Theatre Organisation of Cyprus (THOC), the Greek National Opera (GNO Ballet), and many more. He has presented his work at London’s Dance Umbrella, the Festival of Teatro Olimpico in Vicenza, Onassis Stegi in Athens, the Architecture Biennale in Venice, the Napoli Teatro Festival, and elsewhere.



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**CONCEPT, DIRECTION,
CHOREOGRAPHY, &
PERFORMANCE**
MICHALIS THEOPHANOUS

**MUSIC COMPOSITION & SOUND
DESIGN**
GEORGIOS MIZITHRAS (MIZI)

SET DESIGN
TINA TZOKA

PROPS
EFTHIMIS GRONTHOS

LIGHTING DESIGN
IFIGENIA GIANNIOU

DRAMATURGY
KONSTANTINOS AVRAMIS

ARTISTIC COLLABORATOR
MARINA XENAKI

**ASSISTANT CHOREOGRAPHER,
REHEARSAL COORDINATOR, & STAND-IN**
ANTONIA ECONOMOU

PRODUCTION MANAGEMENT
TOOFAREAST

SUPPORTED BY
THE ONASSIS STEGI TOURING PROGRAM

“**ecdysis**” by Michalis Theophanous was first presented in Athens as part of the Onassis Dance Days 2025

Onassis Stegi's Touring Program

Touring Support and Outreach Our Mission

Fostering and supporting artists on a constant and long-term basis lie at the core of the existence of Onassis Stegi. Our mission through the Touring program is to strengthen the presence and status of artists in every corner of the world and throughout Greece, and at the same time forge innovative networks tightly intertwined with the nexus of the international scene, with and for the artists.

Onassis Stegi boosts the prominence and visibility of contemporary Greek works of dance, theater, music, and visual arts on an international level, helping artists unleash their full potential. In practice, this is achieved with the coordination of international and national tours for the Onassis Stegi productions; the realization of co-productions in collaboration with cultural institutions across the world; the participation of artists in international networks; the support in furthering the artists' capacities and learning pathways as they expand their audiences; and the enhancement at large of their interpersonal contacts with international programmers.

With the support of the Touring program, Greek artists turn their gaze outwards. In the last decade, more than 80 Onassis Stegi productions have been celebrated across hundreds of performances hosted by cultural venues all over the world.

The program is tailored to each production and offers its support to works of artists and groups who live and create in Greece primarily and on the condition that they have been included in the programming of the Onassis Stegi.

For more information about the touring grant offered by the Onassis Stegi's Touring Program please contact:

Christos Christopoulos Onassis Stegi Touring Program Officer
cchristopoulos@onassis.org
Office +30 213 0 178213 | Mobile +30 697 2702 044

Xenia Sotirchou Onassis Stegi Touring Program Administrator
psotirchou@onassis.org
Office +30 213 017 8122 | Mobile +30 698 487 0423

Read more about the program at : <https://www.onassis.org/onassis-stegi/onassis-cultural-export-program>